



KHON2's Elderhood Project and Generations Magazine
 present the 5th Annual

"AGING IN PLACE" WORKSHOP

August 27th (Saturday) 8:30 AM–3:00 PM
 Ala Moana Hotel–Doors Open at 8:00 AM

Free and Open to the Public

No reservations required. For more information, please call **368-6747**



WORKSHOP PROGRAM—AM & PM SESSIONS

	State & City Programs		Healthcare	Legal/Financial	Caregivers
	HIBISCUS BALL RM	PAKALANA ROOM	ILIMA ROOM	GARDEN LANAI	PLUMERIA ROOM
AM Session	8:30–9:30 Social Security –AARP Hawai'i	Navigating Long Term Care for Elders –Lei Shimizu Elderly Affairs Div.	Know the 10 Warning Signs of the Alzheimer's Disease –Alzheimers Association of Hawai'i	Estate Planning for You & Your Family –Stephen B. Yim Attorney at Law	Aging in Place & In-Home Care –Hope Young Kokua Care
	9:45–10:30 Senior Living Options –Suzie Schulberg 15 Craigside	Kupuna Education Center Caregiving Classes –Toni Hathaway Kapiolani Community College	What is Normal Aging? –Dr. Ritabelle Fernandes	Rising Healthcare Costs: What It Could Mean To You –Michael W. K. Yee Ameriprise Financial Services, Inc.	Legal Issues in Caregiving –James Pietsch University of Hawai'i Elder Law Program
	10:45–11:30 Medicare Part D –Pamela Cunningham Exec. Ofc. on Aging—Sage PLUS	Healthy Aging for Seniors –Valorie Taylor Honolulu Gerontology Program	Fall Prevention & Tai Chi –Stan Michaels DOH & David Nakamaejo Comforting Hands Hawai'i	Aging in Place & Reverse Mortgages –Percy Ihara MetLife Home Loans	Caregiver Tips/Resources –Catholic Charities Hawai'i
Break	Visit Exhibitors	Visit Exhibitors	Visit Exhibitors	Visit Exhibitors	Visit Exhibitors
PM Session	Noon–1:00 Social Security –AARP Hawai'i	Navigating Long Term Care for Elders –Lei Shimizu Elderly Affairs Div.	Know the 10 Warning Signs of the Alzheimer's Disease –Alzheimers Association of Hawai'i	Estate Planning for You & Your Family –Stephen B. Yim Attorney at Law	Aging in Place & In-Home Care –Hope Young Kokua Care
	1:15–2:00 Senior Living Options –Suzie Schulberg 15 Craigside	Kupuna Education Center Caregiving Classes –Toni Hathaway Kapiolani Community College	What is Normal Aging? –Dr. Ritabelle Fernandes	Rising Healthcare Costs: What It Could Mean To You –Sandra C. Smiley Ameriprise Financial Services, Inc.	Legal Issues in Caregiving –Scott Makuakane Attorney at Law
	2:15–3:00 Medicare Part D –Pamela Cunningham Exec. Ofc. on Aging—Sage PLUS	Healthy Aging for Seniors –Valorie Taylor Honolulu Gerontology Program	Fall Prevention & Tai Chi –Stan Michaels DOH & David Nakamaejo Comforting Hands Hawai'i	Aging in Place & Reverse Mortgages –Percy Ihara MetLife Home Loans	Caregiver Tips/Resources –Catholic Charities Hawai'i

“Aging in Place” Workshop Exhibitor Listings

HIBISCUS ROOM

15 Craigside	Suzie Schulberg	533-5408	sschulberg@15craigside.org
AARP Hawai'i		843-1906	oahuaarp@hawaii.rr.com
Long Term C Care Ombudsman	Anne Holten	586-7317	anne.holten@doh.hawaii.gov
Sage Plus	Pam Cunningham	586-7299	pamela.cunningham@doh.hawaii.gov
Senior Medicare Patrol	Laurie Paleka	586-7319	laurel.paleka@doh.hawaii.gov
Na Tutu (FCE)	Jackie Chong	239-8908	chongj001@hawaii.rr.com
Hospice/Kokuamau	Jeanette Koiwane		jkoiwane@kokuamau.org
Hawai'i State Public Library	Miriam Sato	586-3500	miriam.sato@librarieshawaii.org
Walk Wise Hawai'i	Francis Choe	535.9000	francis@thelimitiacocompany.com
Hon. Authority for Rapid Transportation	Jeanne Mariani-Belding	768-6145	jbelding@honorulu.gov
Family & Community Education	Jackie Chong	239-8908	chongj001@hawaii.rr.com
The Caregiver Foundation	Gary Powell	625-3782	gary@thecaregiverfoundation.org
Waianae Coast Comp Center	Rosanna Evers	542-9073	reverswmsw@aol.com
Hawai'i State Library for the Blind	Sue Sugimura	733-8444	sue_sugimura@librarieshawaii.org

GARDEN LANAI ROOM

MetLife Reverse Mortgage	Percy Ihara	234-3117	pihara@metlife.com
Daily Financial Solutions	Rae Olim	348-1304	dailyfinancialsolutions@hawaii.rr.com
Elder Abuse Justice Unit	Scott Spallina	590-1059	elderabuse@honorulu.gov
CSI/Financial Management	Tom Bayard	538-0353	tomb@csihawaii.org
Ameriprise Financial	Michael W. Yee	952-1240	michael.w.yee@ampf.com
Vacations Hawai'i		591-4777	
Stephen B. Yim Attorney	Stephen B. Yim	524-0251	

FOYER AREA

Catholic Charities Hawaii		524-4673	
Hospice Hawaii	Cyndi Sheehan	791-8011	csheehan@hospicehawaii.org
Maluhia	Jeri Takamiya	832-5659	jtakamiya@hhsc.org
Kupuna Education Center	Toni Hathaway	734-9461	hathaway@hawaii.edu
Plaza at Punchbowl/Mililani	Dee Rezendes	792-8800	dee@plazaassistedliving.com
Project Dana	Rose Nakamura	945-3736	projdana@hawaiiantel.net
Prudential Advantage	Dan Ihara	256-7873	ihara@pruhi.com
Rehab of the Pacific	Tiffany Huynh	566-3549	thuynh@rehabhospital.org
Islands Hospice	Myra Ondayog	216-8120	mondayog@islandshospice.com
Ohana Health Plan	Christina Jumayao	265-6954	christina.jumayao@wellcare.com
Humana	Gail Sherry	543-2080	gsherry@humana.com
Aloha Care	Sara Villiers	973-6370	svilliers@alohacare.org
Nurse Finders	Nettie Vierra	591-6050	nettie.vierra@nursefinders.com
Paradise Nursing Workforce	Angela Castillo	735-5801	angela@paradisenuisng.net
Unclaimed Property Program		586-1589	www.unclaimedproperty.hawaii.gov
Captain Cook Coin Co. of Honolulu	Craig Watanabe	531-2702	captaincookcoin@aol.com
HMSA		948-6111	www.hmsa.com
Ilima at Leihano	Linda Peacock	674-8022	peacock@kiscosl.com
Senior Move Managers	Cynthia Arnold	221-8345	seniormovers@gmail.com
Metrocare	Lydia Gapai	678-8388	metrocarehawaii@gmail.com
Bristol Hospice	Brenda Whitney	536-8012	bwhitney@gmail.com

PAKALANA ROOM

Honolulu Gerontology Program	Valorie Taylor	543-8437	vtaylor@cfs-hawaii.org
Elderly Affairs Division	Tony Baccay	768-7701	tbaccay@honorulu.gov
Kokua Care	Hope Young	734-5555	hope@kokuacare.com

ILIMA ROOM

Comforting Hands Senior Care	David Nakamaejo	545-3700	david@comfortinghandshawaii.com
Alzheimers Association	Christine Payne	591-2771	Christine.payne@alz.org